



Life strategy and
relationship counseling
for couples, families
and individuals

*Dr. Phil spoken here
male friendly
therapy*

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Gregory F. Smith M.A. ABS, Ph.D. (c)

To schedule an appointment, please call (360) 352-9443.

"Ushering in a new way of being"

I am a therapist ushering in a new way of being; a new way of living that will help you make the transition from feeling disconnected to feeling connected to your world.

How will working with ME benefit YOU?

Using the techniques I work with, **your personal happiness** and **professional success** will be much more consistent, and much more predictable. Your effectiveness working with others will be dramatically enhanced, and your ability to **empower yourself for optimum results** will be increased. You will be able to generate empowering emotional states within yourself at will, eliminate any negative emotions that hinder decisions. **Identify and change limiting beliefs**, inspire yourself with a compelling future that will have a much better chance of coming true, and create patterns of excellence from any role model you choose.

"I believe change is the only thing that's constant."

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